

**NOTICE FOR "HELP WANTED" FROM:  
AVISO DE "SE BUSCA AYUDA" DE:**

**Deacon Bill Shaw / Diácono Bill Shaw**

**Director - Living Waters Catholic Reflection Center / Director - Centro de Reflexión Católica Living Waters  
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**Diocese of Charlotte Tribunal Assessor and Advocate / Asesor y defensor del tribunal de la Diócesis de Charlotte**

**KITCHEN ASSISTANT / ASISTENTE DE COCINA**

**The Job Description:** Kitchen Assistant - Assists the Kitchen Manager in food preparation, Baking of desserts, Dining Room set-up as well as dishwashing and general clean-up.

Hours vary but must be available on weekends from Friday afternoon thru Sunday afternoon. Time will be made available to attend Mass on Saturday Afternoons.

The person will need to be available several times a year for mid-week retreats.

Minimum age of applicant: 18 yrs. old.

**La descripción del trabajo:** Asistente de cocina - Ayuda al gerente de cocina en la preparación de alimentos, horneado de postres, configuración del comedor, así como lavado de platos y limpieza general.

Los horarios varían, pero deben estar disponibles los fines de semana desde el viernes por la tarde hasta el domingo por la tarde. Se dispondrá de tiempo para asistir a misa los sábados por la tarde.

La persona deberá estar disponible varias veces al año para los retiros de mitad de semana.

Edad mínima: 18 años.

**Kitchen Manager /Head Cook / Jefe de cocina/Jefe de cocina**

The applicant must possess prior experience in manager-level skills for meal planning, meal preparation, and overall responsibility for kitchen/dining operations. Individuals must be able to prepare meals for a minimum of 10 guests up to 65 guests.

Applicant should be able to be available for weekend schedules, as well as flexibility for mid-week events.

The person will be responsible for preparing "fresh" food for each meal. Meal times are: 8:30 am; 12:30 pm; and 5 pm. Meals will consist of:

**Breakfast (8:30am) Lunch (12:30 pm) and Dinner (5:) pm)**

The person must be able to lead the kitchen assistant and volunteer(s) during meal periods.

Individuals must comply with all Local, County, and State Health Codes in food preparation and kitchen facility operations.

Hours of operation will be during active group events at the Living Waters Catholic Retreat Center facilities

El solicitante debe poseer habilidades de nivel gerencial en planificación de comidas, preparación de comidas y responsabilidad general de las operaciones de cocina / comedor. Las personas deben poder preparar comidas para un mínimo de 10 personas hasta 65 personas.

Las personas deben poder estar disponibles para los horarios de fin de semana, así como flexibilidad para los eventos de mitad de semana.

La persona será responsable de preparar alimentos "frescos" para cada comida. Las comidas consistirán en:

**Desayuno** (Huevos revueltos, papas fritas, fruta fresca, cereal de grano cocido, carnes para el desayuno, es decir, tocino, hamburguesas y panqueques de salchichas, y fruta fresca. Las comidas alternativas pueden tener tostadas francesas o alimentos para el desayuno al estilo mexicano.

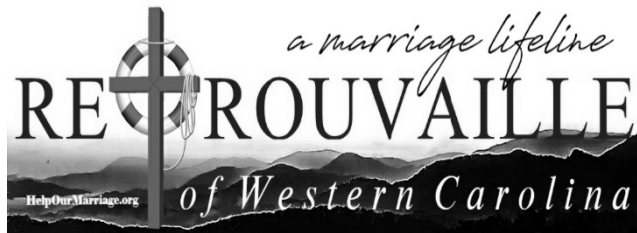
**Almuerzo:** Sopas o ensaladas, platos de ensalada de tacos o sándwiches, frutas frescas, postres (galletas, brownies, etcétera.

**Cena:** Plato principal con proteína fresca, carbohidratos, verduras frescas, plato de ensalada, condimentos, postre de fruta fresca, tarta y/o helado.

La persona debe ser capaz de liderar al asistente de cocina y ser voluntario durante los períodos de comida.

Las personas deben cumplir con todos los códigos de salud locales, del condado y estatales en la preparación de alimentos y las operaciones de las instalaciones de cocina.

El horario de atención será durante los eventos activos en las instalaciones del Centro de Retiros Católicos Living Waters



**Rediscover Your Marriage** – Retrouvaille (pronounced retro-vi with a long i) simply means 'rediscovery'. The program offers the chance to rediscover yourself, your spouse, and a loving relationship in your marriage. 10's of 1000's headed for divorce have successfully saved their marriages by attending. Retrouvaille is not a sensitivity group, not a seminar, not a social gathering, but is anchored in Christian reconciliation, communication and healing. For confidential information about, or, to register for the program beginning with a weekend on September 27-29<sup>th</sup> in the Charlotte area, contact Bill and Lyn Folsom at 727-343-6701 or email: [3062R@helpourmarriage.org](mailto:3062R@helpourmarriage.org) or visit the web site at [www.HelpOurMarriage.org](http://www.HelpOurMarriage.org)

**Discussion Questions / 19<sup>th</sup> Sunday in Ordinary Time / August 11, 2024**

**First Reading / [1 Kings 19:4-8](#)**

1. In this reading, sometimes we are Elijah and sometimes we are the hearth cake. Think of times in your life when you wanted to cry, "enough" and you could have used some help from somewhere. Did help come? How?
2. God sent help to Elijah in the form of an angel. What kind of help do you think God would send today? Name some ways you can be the "hearth cake" for a someone or something in need. For the environment, to recycle? A new energy source? For the needy, dinner? Helping to change the system? A kind word for the depressed?

**Second Reading / [Ephesians 4:30-5:2](#)**

1. Do you think you could get better at "being an imitator of God?" How? Is it more likely to happen all at once because you want it to, or a little at a time because you work at letting God into you? If you were going to try for this, where would you start?
2. Would you call people, as did Dorothy Day, Nelson Mandela, Daniel Berrigan, SJ, "imitators of God"? Do you know any people like that now? What kinds of things did/do they do? Do they transform the world in some small way?

**Gospel / [John 6:41-51](#)**

1. The crowd murmured when Jesus said he was the bread that came down from heaven. They knew his mother and father: how did this impact their willingness to believe him? Is it easy to accept a "prophet" [one who speaks for God] in your own circle of acquaintances? Explain.
2. " ... the bread that I will give is my flesh for the life of the world." Jesus does this because he loves us. According to Pope Francis' homily below, what does Jesus' real presence invite us to do? Does he continue to give his flesh for the life of the world and transform it now through us?

*Finally, the Eucharistic bread is the real presence. This speaks to us of a God who is not distant, who is not jealous, but close and in solidarity with humanity; a God who does not abandon us but always seeks, waits for, and accompanies us, even to the point of placing himself, helpless, into our hands. And his real presence also invites us to be close to our brothers and sisters wherever love calls us.*

*Brothers and sisters, our world desperately needs this bread, with its fragrance and aroma, which knows about gratitude, freedom and closeness! Every day we see too many streets that were once filled with the smell of freshly baked bread, but are now reduced to rubble by war, selfishness and indifference! We urgently need to bring back to our world the good, fresh aroma of the bread of love, to continue tirelessly to hope and rebuild what hatred destroys.*

**Solemnity of the Body and Blood of Christ Pope Francis Homily June 2, 2024**